

EVALUATIVE REPORT OF THE PSYCHIATRIC NURSING DEPARTMENT

1. Name of the Department: PSYCHIATRIC NURSING

2. Year of Establishment: UG: 1992
 PG: 2002

3. Is the department part of a college/faculty of the university?

Yes, the department is a part of the faculty of nursing under the Rajiv Gandhi University of Health Sciences.

4. Names of programs offered:

NAME OF THE PROGRAM	UG	PG
	B.Sc. Nursing PB. B.Sc. Nursing	M.Sc. Nursing

5. Interdisciplinary programs and departments involved.

The department does not have any interdisciplinary programs.

6. Courses in collaboration with other universities, industries, foreign institutions, etc

The department has no collaborations with any other university, or foreign institution

7. Details of programs discontinued, if any with reasons.

All the programs under the department have been continuing since inception, no program has been discontinued so far.

8. Examination system.

Annual examinations are conducted for all the courses offered.

9. Participation of the department in the courses offered by other departments.

The department has not been participating in any other courses offered by other departments.



10. Number of teaching posts sanctioned, filled and actual

	Sanctioned	Filled	Actual (including CAS & MPS)
Professor	1	--	--
Associate Professor/ Reader	1	1	1
Assistant Professor	1	1	1
Lecturer	1	--	--
Tutor/Clinical Instructor	2	2	2

11. Faculty profile with name, qualification, designation, area of specialization, experience and research under guidance

<i>Name</i>	<i>Qualification</i>	<i>Designation</i>	<i>Specialization</i>	<i>No. of years of experience</i>
Shuba D.	M.Sc. Nursing	Assoc. Prof.	Psychiatric nursing	5 years, 10 months
Agnes Gladies Pereira	M.Sc. Nursing	Asst. Prof.	Psychiatric nursing	4 years
Persis Ann Alexander	B.Sc. Nursing	Tutor/Clinical Instructor	Psychiatric nursing	2 ½ years
Durga Sah	B.Sc. Nursing	Tutor/Clinical Instructor	Psychiatric nursing	1 year

12. List of senior visiting fellows, adjunct faculty, and emeritus professors:

At present there are no other adjunct faculties involved in teaching.

13. Percentage of classes taken by temporary faculty- program wise information.

There are no temporary faculty in the department.





14. Program wise Student Teacher Ratio

UG: 1:10

PG: 1:4

15. Number of academic support staff (technical) and administrative staff: sanctioned, filled and actual

The academic support staff and administrative staff are common for all the departments.

	Filled	Actual
Academic support staff	01	01
Administrative staff	03	03

16. Research thrust areas as recognized by major funding agencies.

At present, the department does not receive any funds for research from any funding agency.

17. Number of faculty with ongoing projects

The faculty have not yet received any grants from any national or international agencies, their projects are self funded.

18. Inter-institutional collaborative projects and associated grants received

National collaboration: NIL

International collaboration: NIL

19. Departmental projects funded by ICMR, DST-FIST, UGC-SAP/CAS, DPE, DBT, ICSSR, AICTE, etc.: total grants received

The department has not received any funds for any projects from ICMR, DST-FIST, UGC-SAP/CAS, DPE, DBT, ICSSR, AICTE, etc.

20. Research facility/ center with

- State recognition
- National recognition
- International recognition

There is no research facility with state, national, or international recognition, but are planning to establish one in the near future.

21. Special research laboratories sponsored by/ created by industry or corporate bodies.

Since the discipline of psychiatric nursing does not involve in laboratory experiments, there are no such special research laboratories sponsored by industry or corporate bodies.





22. Publications:

Number of papers published in peer reviewed journals (national/ international): 01

Monographs: None

Chapters in books: None

Books edited: None

Books with ISBN with details of publishers: None

Number listed in international database: None

Citation index: None

SNIP: None

SJR: None

Impact factor: None

h-index: None

23. Details of patents and income generated.

The department has not filed for any patent and has not generated any income thereby.

24. Areas of consultancy and income generated.

The department offers services like student counseling and also is involved in extension activities such as counseling school and college students, creating awareness on substance abuse and teaching life skills to adolescents. All the services are free and hence no income has been generated.

25. Faculty selected nationally/ internationally to visit other laboratories/industries/ institutions in India and abroad.

As of now, no faculty has been selected nationally/ internationally to visit other laboratories/industries/ institutions in India and abroad.

26. Faculty serving in

National committees-NIL

International committees-NIL

Editorial boards-NIL

27. Faculty recharging strategies

Orientation programs: The department has an orientation program for the newly recruited faculty.





Workshops: The department regularly conducts workshops and seminars on recent topics to update the knowledge of the faculty.

Training programs: The faculty attend training programs conducted by the department and are deputed for training programs in other institutions as well to update their skills.

28. Student projects

- **Percentage of students who have taken up in house projects including interdepartmental projects:**

UG (IV yr. B.Sc. N, II yr. P.B.B.Sc. N)-100%

PG students -100%

- **Percentage of students doing projects in collaboration with other universities/industry/institute:**

So far no students have taken up any project in collaboration with other universities/industry/institute

29. Awards/recognitions received at the national and international level by

- **Faculty: None**
- **Doctoral/postdoctoral fellows: None**
- **Students: None**

30. Seminars and conferences organized

1. Workshop on “Better motivation at workplace” on 10th January 2009.
2. Nursing standards: “Basis for professional practice” organized by The Oxford College of Nursing in 29th & 30th October 2009
3. Bio-terrorism and Nursing organized by The Oxford College of Nursing in 2009
4. Nursing Skills in Clinical Emergencies organized by The Oxford College of Nursing in 18th & 19th February 2010
5. National Conference on Nursing Practice Issues and Innovations: Ensuring Healthy Communities organized by Nursing Research Society of India (NRSI) in 28th & 29th October 2010 in RGUHS, Bangalore
6. Clinical Perspectives of Nursing Theories organized by The Oxford College Of Nursing in 08/04/2011-09/04/2011
7. Workshop on Life’s Hassles and Ways to Manage conducted by Psychiatric Nursing Department of the Oxford College of Nursing, Bangalore in April 2011.
8. Alzheimer’s and related disorders at the Oxford college of nursing, on 24th Sep 2011
9. Workshop on “Down’s syndrome” on 9th March 2013.

31. Code of ethics for research followed by the departments.

The college has an ethical committee which reviews the research projects taken up by every department.





32. Student profile program wise

Name of the program	Selected		Pass percentage	
	Male	Female	Male	Female
B.Sc. Nursing	--	22	--	91%
PB. B.Sc. Nursing	03	28	100%	96.4%
M.Sc. Nursing	03	02	33%	50%

33. Diversity of students

Name of the program	% of students from the same university	% of students from other universities within the same state	% of students from universities outside the state	% of students from other countries
B.Sc. Nursing	NA	NA	NA	01
PB. B.Sc. Nursing	--	10	32	03
M.Sc. Nursing	--	--	03	--

34. How many students have cleared civil services and defense services examinations, NET, SET, GATE, USMLE, PLAB, GPAT, NCLEX, CGFNS, IELTS?

So far, four PG students from the department have successfully cleared IELTS and two students have cleared NCLEX, CGFNS.

35. Student Progression

Student progression	Percentage against enrolled
UG to PG	NA
PG to M.Phil.	--
PG to Ph.D.	01(25%) in the year 2009-10 batch
Ph.D. to Post-Doctoral	--
Employed <ul style="list-style-type: none"> • Campus selection • Other than campus recruitment 	-- 100%
Entrepreneurs	--



36. Diversity of staff

Percentage of faculty who are graduates	
Of the same university	100%
From other universities within the state	--
From universities from other states	--
From universities outside the country	--

37. Number of faculty who were awarded MPhil, PhD, during the assessment period

Currently none of the faculty has been awarded M. Phil/ PhD.

38. Present details of departmental infrastructural facilities with regard to

- Library**

In addition to the central library, the department has a library with books, journals, and unpublished thesis. The central library has 14 print journals and 7 e-journals related to psychiatry and mental health, 40 dissertations.



- Internet facilities for staff and students**

Internet facility for the staff is available both at the HOD room and staff room. Students can access internet facility at the Library and the computer lab; students utilize the facility for accessing HELINET and other e-resources for academic and research purpose.

- Total number of classrooms**

Totally there are 8 class rooms available for the all the batches of B.sc. N, PB.B Sc.N and M.sc Nursing students.

- Classrooms with ICT facility and ‘smart’ classrooms**

Class rooms with ICT facility and smart class rooms with the interactive board facility are available.

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- **Students' laboratories**

There is a psychiatric nursing lab and a counseling room where the students avail counseling services as well as learn practical psychiatric nursing skills.



- **Research laboratories: Not applicable**

39. List of doctoral, Post-doctoral students and Research Associates

- **From the host institution/university:** None
- **From other institutions/universities:** None

40. Number of post graduate students getting financial assistance from the university

Post graduate students do not receive financial assistance from the university.

41. Was any need assessment exercise undertaken before the development of new programs?

No new program has been started by the university.

42. Does the department obtain feedback from:

a. Faculty on curriculum as well as teaching learning evaluation? If yes, how does the department utilize the feedback?

Yes, the department obtains regular feedback from the faculty at the departmental meetings as well as during the exit interview. The suggestions are discussed at the annual curriculum committee meeting.

b. Students on staff, curriculum, and teaching learning evaluation and how does the department utilize the feedback?

Yes, feedback is obtained from the students at the time of their course completion as well as periodically during the course using a structured feedback form. Their suggestions are conveyed to the curriculum committee.

c. Alumni and employees on the programs offered and how does the department utilize the feedback?

Yes, feedback is taken from the alumni during the annual alumni meet and their employers' feedback is obtained informally.





43. List the distinguished alumni of the department.

1. **Prof. Ruby Jacob**
Clinical nurse manager,
Ireland.
2. **Ramesh. M**
Charge nurse
USA.
3. **Priscilla Patrick**
Prof & HOD,
Government College of Nursing,
Gulbarga.
4. **Meghana. R**
Charge nurse
Dubai.
5. **Walter Jaisingh .P**
Principal,
Varalakshmi College of Nursing, Bangalore.
6. **Reji Jose,**
Associate professor,
Vydehi College of Nursing, Bangalore.
7. **Femi Joseph**
Associate professor
West Fort College of nursing, Thrissur.
8. **Delima. D**
HOD, Dayanand Sagar College of Nursing,
Bangalore.
9. **Pushpavathy. N.K**
Senior Staff nurse,
General Hospital, Jayanagar,
Bangalore.
10. **Leishangthem Tamphasana Devi,**
HOD, Dr. Shyamala Reddy College of Nursing,
Bangalore.
11. **Rakesh. A,**
Shivagiri Mission College of Nursing,
Trivandrum, Kerala.
12. **Jyothi Quadras,**
GFATM Project Training coordinator,
St. John's College of Nursing, Bangalore.



44. Give details of student enrichment programs (special lectures/workshops/seminar) involving external experts.

1. Workshop on Life’s Hassles and Ways to Manage conducted by Psychiatric Nursing Department of the Oxford College of Nursing, Bangalore in April 2011.
2. Workshop on Alzheimer’s and related disorders at the Oxford college of nursing, on 24th Sep 2011
3. Workshop on “Down’s syndrome” on 9th March 2013.
4. Guest Lecture on “Personality development” on 12th October 2013.



Guest lecture by Dr. Vijayakumar

45. List the teaching methods adopted by the faculty for different programs.

Teaching Methods	Basic B.Sc. Nursing	Post Basic B.Sc. Nursing	M.Sc. Nursing
Class room teaching	Lecture, discussion, demonstration, seminar, role play, panel discussion, video assisted teaching, quiz, power point presentation, tutorials, PBL, assignments.	Lecture, discussion, demonstration, seminar, role play, panel discussion, symposium, quiz, video assisted teaching, power point presentation, tutorials, PBL, assignments.	Lecture, discussion, ,demonstration, seminar , role play, panel discussion, symposium, quiz, video assisted teaching, power point presentation, tutorials, PBL,workshops, literature review, dissertation, assignments.

Clinical Teaching	Demonstrations, simulation, bed side clinic, ward rounds, individual conference, group conference, viva-voce, case study, log book.	Demonstrations, simulation, bed side clinic, ward rounds, individual conference, group conference, viva-voce, case study.	Demonstrations, simulation, bed side clinic, ward rounds, individual conference, group conference, viva-voce, case study, PG log book.
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STUDENTS WITH PATIENTS AT NIMHANS

SEMINAR

46. How does the department ensure that program objectives are constantly met and learning outcomes are monitored?

The department of Psychiatric Nursing conducts planned evaluation both during the theory as well as the clinical posting in order to assess whether the learning objectives have been achieved, Assignments, clinical presentations, case study, case presentations, project, log book and viva voce are used to monitor the progress of learning.

In a similar way, the learning objectives in theory are evaluated by unit test, Sessional exam and model theory exam.

47. Highlight the participation of students and faculty in extension activities.

1. Referral services at the selected area (Vishwapriya Layout) to Begur PHC
2. Expert advice and suggestions related to mental health issues to school teachers in identifying behavioural problems and management of the same among school children
3. Stress management methods for professionals etc.
4. Mental Health education on mental illness was conducted as a part of NSS programme
5. School Health Education on Promoting Optimum Health during school years conducted in selected school, Hongasandra

6. Awareness programme on Alzheimer’s disorder
7. Mass awareness Programme on alcoholism and its ill effects at Begur and Hakki Pikki colony
8. Mass awareness Programme on Stress Management done in Begur PHC
9. Awareness programme on domestic violence at Begur.



ROLE PLAY ON ALCOHOLISM



WALKATHON ON ALZHEIMER’S DAY



SCHOOL HEALTH EDUCATION COLONY



HEALTH TALK AT HAKKI PIKKI



AWARENESS ON DOMESTIC VIOLENCE

48. Give details of “beyond syllabus scholarly activities” of the department.

The department conducts certain enrichment courses which go beyond the syllabus and help in sharpening their skills. Some of the enrichment courses conducted include:

1. Neuro-Psychological assessment
2. Clinical skills in Psychiatric nursing



3. Adolescent counseling

49. State whether the program/ department is accredited/ graded by other agencies?

No, the department is not accredited/graded by any other agency.

50. Briefly highlight the contributions of the department in generating new knowledge, basic or applied.

Faculty and students are actively involved in conducting research as per the requirements in the syllabus, besides which the faculty also undertake independent research projects. The research findings are published in Journals and are presented in conferences and other scientific sessions.

51. Detail five major Strengths, Weaknesses, Opportunities and Challenges (SWOC) of the department.

S.No	Strengths	Weaknesses	Opportunities	Challenges
1	Qualified, competent and well experienced staff	High turnover of faculty	Since the institution is located in an industrial area, there are opportunities to offer services in the industries	Improving the appeal of the course to the potential candidates.
2	Own building with all best amenities	Facilities which need to be improvised for the better	The institution is located close to the PHCs' and hence takes part in regular awareness campaigns	Striving to maintain the quality of education since there are too many other colleges cropping up in the city.
3	A separate psychiatric nursing lab	Lack of funding from agencies for research.	Collaboration with other mental health institutions and rehabilitation centers	Lack of opportunities to utilize research findings adequately.
4	Well equipped central library and departmental library	Utilizing only affiliated hospitals for clinical experience	Inter disciplinary collaboration	Setting up independent practice.
5	Separate counseling room.	Lack of opportunities for carrying out experimental research.	Planning to offer specialized courses.	To set up own research center in the institution.



52. Future plans of the department.

YEARS	2014-15	2015-16	2016-17	2017-18	2018-19
Courses	Women mental health	Adolescent wellbeing	Child abuse prevention	Orphanage welfare Programme & Rehabilitation	Psychiatric nurse counselor
TLE	Use of Verbatim based learning	Encouraging more number of faculty research, obtain funds for research projects	Plan a short term course on geriatric mental health	Use of PBL approach in other extended areas	Use programme based instruction modules
Research/ Extension	-Survey on identifying empowered women at Begur. -Awareness on women empowerment	- Developing a counseling desk for adolescents -Awareness campaign on risk behavior among adolescents.	-Study to assess the prevalence of child abuse in a selected area of urban Bangalore -Awareness campaign on child abuse	-Project on stress, coping & wellbeing of orphan children -Campaigns on care of orphan children	-Identifying substance abuse & sexual malpractice among adolescents
Infrastructure	Newer furnishings and facilities for the counseling room	Animation CDs' and other virtual learning resources.	Establishment of a Neuro-psychiatric lab	Establishment of video-conference room	An independent psychiatric unit

Innovation	Students' learning of counseling skills(Realism approach)	Self of pragmatic teaching methods	Use of naturalistic and pragmatic teaching methods	Use of tele-based distance learning	Video conferences with experts around the world	Increased use of clinical-based research and learning
Collaborations/ linkages	Spandana mental health and rehabilitation institute	Little sisters of poor old age home and orphanage center	Institute of juvenile corrective and rehabilitation home	Oolambari institute for mental health and research, Kerala	NIMHANS satellite center, Anekal taluk	